



Grampound Football Club

Returning to Football Activity : COVID-19 Risk Assessment

following guidance of HM Government (04/07/2020) and Football Association



Notes :-

- Changing rooms cannot be opened at this stage and will be kept locked until further notice.
- This risk assessment is based on the only current football activity being coaching and training sessions.
- A revised risk assessment will be prepared once the guidance allows friendly and/or competitive matches to begin.

Area of Risk	Risk identified	Actions to take to mitigate risk	Notes
1. Numbers of players and staff	<p>The club must ensure that social distancing guidelines can be maintained regarding:-</p> <ul style="list-style-type: none"> • Travelling to sessions • Car parking • Training and training areas • Equipment storage areas 	<p>Travelling to sessions :</p> <ul style="list-style-type: none"> • The use of car pools to transport participants who do not live in the same household is to be discouraged. <p>Car parking :</p> <ul style="list-style-type: none"> • Where possible social distancing should be arranged in relation to car park spaces. • Players arriving or leaving to be instructed to not congregate in the car park. • If arriving before a session starts personnel should ideally stay in cars until just before the start of the session. <p>Training and training areas :</p> <ul style="list-style-type: none"> • The area used can be expanded to allow for increased numbers of participants to maintain 2m social distancing. • There should be a sufficient number of staff to help ensure and maintain social distancing during sessions (at a ratio of 1:5). • The type, duration, layout, and location of the training activity should also be considered. <p>Storage areas :</p> <ul style="list-style-type: none"> • No more than 2 people should enter the storage areas of the club at any one time. 	

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2. High risk players and staff	Greater vulnerability if the virus is contracted.	<ul style="list-style-type: none"> • Club to identify players and staff with underlying conditions eg asthma, diabetes etc • Staff and players with underlying conditions to be limited from attending or working the session. 	
3. Communication	Players, staff and volunteers are unaware of how they should behave or act under the current pandemic circumstances.	<p>Information should be given regarding :-</p> <ul style="list-style-type: none"> • The COVID-19 risk and symptoms, and the practices that should be undertaken to mitigate risks. • Awareness that although COVID-19 infection risks can be minimised through adherence to the policies and procedures of the club, they cannot be eliminated and risks remain for at-risk populations, their families, and the potential for unintended transmission. • The club's approach, standards, and policies to mitigate the risks. <p>For all club sessions :-</p> <ul style="list-style-type: none"> • Players and staff should be instructed in all communications to stay home and not attend any sessions when they are showing symptoms of COVID-19, or have had close contact with a person with COVID-19. • Before leaving home to attend a session, players and staff members should assess whether they have any symptoms of COVID-19, for example, a high temperature or fever, a new continuous cough, new unexplained shortness of breath, loss of taste, or smell etc. • For players under 18, written parental consent should be obtained. 	

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4. Use of personal protective equipment (PPE) and materials	Transmission of virus	<ul style="list-style-type: none"> • Door handles to be cleaned at start and end of sessions. • Hand sanitiser to be provided by the club and used by all participants at the start and end of sessions and at any other appropriate times. • Disinfectant spray and paper towels provided by the club to clean all equipment used at the start and end of sessions. • Used paper towels to be disposed of in waste bin, bagged and removed at the end of sessions. • Masks and gloves for staff provided by the club when clearing rubbish, cleaning equipment etc 	
5. Participants showing symptoms	Transmission of virus	<p>At the start of each session participants to be instructed to view poster showing possible COVID-19 symptoms and to declare if</p> <ul style="list-style-type: none"> • they have shown any symptoms in last 7 days • they have been in contact with a COVID-19 confirmed or suspected case in the last 14 days, and that no one in their household is unwell. <p>Participants unable to declare their fitness should be asked to go home.</p>	
6. Food and drink	Transmission of virus	<ul style="list-style-type: none"> • Club water bottles must not be used. • Players should bring their own labelled or identifiable bottles if water or drinks are required. • Food must not be consumed on site. 	

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7. Equipment	Poor hygiene	<ul style="list-style-type: none"> • • Only equipment deemed as essential should be used during training. • Any equipment used by a player should be thoroughly cleaned/sanitised before it can be used again by another. • The use of team shared equipment, (e.g. training bibs, balls, cones, etc.) should be limited whenever possible to one group of players at a time and sanitised between uses. • Any club clothes or bibs used should be taken home by the wearer/user and laundered after all workouts. 	
8. Player conduct	Unacceptable behaviour	<p>Players must not exhibit any behaviour that is unacceptable in terms of potential virus transmission :-</p> <ul style="list-style-type: none"> • Chewing gum and spitting is forbidden • Players and staff should refrain from physical contact, including handshakes, high fives, chest bumps, group celebrations, etc • Unnecessary shouting 	
9. First aid	First aider will need to be protected	<p>As a Charter Standard Club there will be a first aider present at all sessions.</p> <ul style="list-style-type: none"> • First aider must wear visor and gloves when dealing with injuries • Serious injuries should be dealt with by contacting the emergency services in the normal way. 	
10. Post event (1)	Dirty surfaces and materials.	<ul style="list-style-type: none"> • Any equipment or surfaces touched by players or staff must be disinfected before being returned to storage. • Used paper towels must be bagged and safely disposed of off site. 	
11. Post event (2)	Congregation	<p>Players and team staff should quickly exit the session location after the event and go directly to their cars without congregating with other players .</p>	