



## Grampound Football Club

### Returning to Football Activity : COVID-19 Risk Assessment

following guidance of HM Government (04/07/2020) and Football Association



Notes :-

- Changing rooms cannot be opened at this stage and will be kept locked until further notice.
- This risk assessment is based on the only current football activity being coaching and training sessions.
- A revised risk assessment will be prepared once the guidance allows friendly and/or competitive matches to begin.

Area of Risk	Risk identified	Actions to take to mitigate risk	Notes
1. Numbers of players and staff	<p>The club must ensure that social distancing guidelines can be maintained regarding:-</p> <ul style="list-style-type: none"> <li>• Travelling to sessions</li> <li>• Car parking</li> <li>• Training and training areas</li> <li>• Equipment storage areas</li> </ul>	<p><b>Travelling to sessions :</b></p> <ul style="list-style-type: none"> <li>• The use of car pools to transport participants who do not live in the same household is to be discouraged.</li> </ul> <p><b>Car parking :</b></p> <ul style="list-style-type: none"> <li>• Where possible social distancing should be arranged in relation to car park spaces.</li> <li>• Players arriving or leaving to be instructed to not congregate in the car park.</li> <li>• If arriving before a session starts personnel should ideally stay in cars until just before the start of the session.</li> </ul> <p><b>Training and training areas :</b></p> <ul style="list-style-type: none"> <li>• The area used can be expanded to allow for increased numbers of participants to maintain 2m social distancing.</li> <li>• There should be a sufficient number of staff to help ensure and maintain social distancing during sessions (at a ratio of 1:5).</li> <li>• The type, duration, layout, and location of the training activity should also be considered.</li> </ul> <p><b>Storage areas :</b></p> <ul style="list-style-type: none"> <li>• No more than 2 people should enter the storage areas of the club at any one time.</li> </ul>	

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2. High risk players and staff	Greater vulnerability if the virus is contracted.	<ul style="list-style-type: none"> <li>• Club to identify players and staff with underlying conditions eg asthma, diabetes etc</li> <li>• Staff and players with underlying conditions to be limited from attending or working the session.</li> </ul>	
3. Communication	Players, staff and volunteers are unaware of how they should behave or act under the current pandemic circumstances.	<p>Information should be given regarding :-</p> <ul style="list-style-type: none"> <li>• The COVID-19 risk and symptoms, and the practices that should be undertaken to mitigate risks.</li> <li>• Awareness that although COVID-19 infection risks can be minimised through adherence to the policies and procedures of the club, they cannot be eliminated and risks remain for at-risk populations, their families, and the potential for unintended transmission.</li> <li>• The club's approach, standards, and policies to mitigate the risks.</li> </ul> <p>For all club sessions :-</p> <ul style="list-style-type: none"> <li>• Players and staff should be instructed in all communications to stay home and not attend any sessions when they are showing symptoms of COVID-19, or have had close contact with a person with COVID-19.</li> <li>• Before leaving home to attend a session, players and staff members should assess whether they have any symptoms of COVID-19, for example, a high temperature or fever, a new continuous cough, new unexplained shortness of breath, loss of taste, or smell etc.</li> <li>• For players under 18, written parental consent should be obtained.</li> </ul>	

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4. Use of personal protective equipment (PPE) and materials	Transmission of virus	<ul style="list-style-type: none"> <li>• Door handles to be cleaned at start and end of sessions.</li> <li>• Hand sanitiser to be provided by the club and used by all participants at the start and end of sessions and at any other appropriate times.</li> <li>• Disinfectant spray and paper towels provided by the club to clean all equipment used at the start and end of sessions.</li> <li>• Used paper towels to be disposed of in waste bin, bagged and removed at the end of sessions.</li> <li>• Masks and gloves for staff provided by the club when clearing rubbish, cleaning equipment etc</li> </ul>	
5. Participants showing symptoms	Transmission of virus	<p>At the start of each session participants to be instructed to view poster showing possible COVID-19 symptoms and to declare if</p> <ul style="list-style-type: none"> <li>• they have shown any symptoms in last 7 days</li> <li>• they have been in contact with a COVID-19 confirmed or suspected case in the last 14 days, and that no one in their household is unwell.</li> </ul> <p>Participants unable to declare their fitness should be asked to go home.</p>	
6. Food and drink	Transmission of virus	<ul style="list-style-type: none"> <li>• Club water bottles must not be used.</li> <li>• Players should bring their own labelled or identifiable bottles if water or drinks are required.</li> <li>• Food must not be consumed on site.</li> </ul>	

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7. Equipment	Poor hygiene	<ul style="list-style-type: none"> <li>•</li> <li>• Only equipment deemed as essential should be used during training.</li> <li>• Any equipment used by a player should be thoroughly cleaned/sanitised before it can be used again by another.</li> <li>• The use of team shared equipment, (e.g. training bibs, balls, cones, etc.) should be limited whenever possible to one group of players at a time and sanitised between uses.</li> <li>• Any club clothes or bibs used should be taken home by the wearer/user and laundered after all workouts.</li> </ul>	
8. Player conduct	Unacceptable behaviour	<p>Players must not exhibit any behaviour that is unacceptable in terms of potential virus transmission :-</p> <ul style="list-style-type: none"> <li>• Chewing gum and spitting is forbidden</li> <li>• Players and staff should refrain from physical contact, including handshakes, high fives, chest bumps, group celebrations, etc</li> <li>• Unnecessary shouting</li> </ul>	
9. First aid	First aider will need to be protected	<p>As a Charter Standard Club there will be a first aider present at all sessions.</p> <ul style="list-style-type: none"> <li>• First aider must wear visor and gloves when dealing with injuries</li> <li>• Serious injuries should be dealt with by contacting the emergency services in the normal way.</li> </ul>	
10. Post event (1)	Dirty surfaces and materials.	<ul style="list-style-type: none"> <li>• Any equipment or surfaces touched by players or staff must be disinfected before being returned to storage.</li> <li>• Used paper towels must be bagged and safely disposed of off site.</li> </ul>	
11. Post event (2)	Congregation	<p>Players and team staff should quickly exit the session location after the event and go directly to their cars without congregating with other players .</p>	