



Grampond Football Club



**Returning to Football Matches and Training following
guidance of HM Government and Football Association from 29th March 2021
COVID-19 Risk Assessment (Update 4)**

Assessor : Allan Webb

Purpose : To Minimise Risk for the Transmission of the Coronavirus as far as Reasonably Practicable

Club Event/Activity	
Date of Event/Activity	
Risk Assessment carried out and recorded by	

Hazard	Risk factor			Actions to mitigate risk	Residual Risk (after mitigation)	Notes and Monitoring
	Severity	Likelihood	Risk			
Risk of virus transmission prior to arrival at the football ground	Moderate	Unlikely	Medium	<ol style="list-style-type: none"> 1. Information should be given regarding the COVID-19 risk and symptoms, and the practices that should be undertaken to mitigate risks. 2. For players under 18, parents should be made aware of this risk assessment and written or email consent obtained from the player. 3. Players and staff should be instructed in all communications to stay home and not attend any sessions when they are showing symptoms of COVID-19, or have had close contact with a person with COVID-19. 4. All personnel are requested to self-check their temperature and ensure they are not experiencing any of the COVID symptoms as displayed on the NHS and Government websites before travelling to the venue. If experiencing any form of symptoms, they are not to attend but should contact their team manager by telephone. 5. All that are attending should arrive in separate cars to reduce risk of transmission. The COVID "Safer Travel" guidance should be followed. If separate cars are not possible, the following actions should be taken :- <ul style="list-style-type: none"> • Share the transport with the same people each time; • Keep to small groups of people at any one time; • Open windows for ventilation; • Face away from each other; • Clean the car between journeys using standard cleaning products – including door handles and other areas that people may touch. Sanitising wipes are useful; • Ask the driver and all passengers to wear a face covering; • Consider seating arrangements to maximise distance between people in the vehicle; • Require regular hand sanitisation by passengers; • Limit the time spent at garages, petrol stations and motorway services; • Keep distance from other people and if possible, pay by contactless; • Wash hands for at least 20 seconds or sanitise hands often, and always when exiting or re-entering the vehicle; • When finishing the journey participants should wash their hands for at least 20 seconds or sanitise their hands as soon as possible 6. All personnel are to be in possession of their own water bottle, if required, which should be clearly labelled. Club water bottles will not be available. 7. All personnel are encouraged to be in possession of their own personal hand sanitiser. Sanitiser will also be provided by the club. 8. Where possible social distancing should be arranged in relation to car park spaces. 9. Players arriving or leaving are to be instructed to not congregate in the car park. 10. If arriving before a session starts personnel should ideally stay in cars until just before the start of the session. 	Low	<ol style="list-style-type: none"> 1. 2. 3. 4. 5. 6. 7. 8. 9. 10.

Hazard	Risk factor			Actions to mitigate risk	Residual Risk (after mitigation)	Notes and Monitoring
	Severity	Likelihood	Risk			
Greater vulnerability of high risk personnel	High	Low	High	<ol style="list-style-type: none"> 1. Club to identify players and staff with underlying conditions eg severe asthma, diabetes etc 2. Staff and players with underlying conditions to be limited from attending training and matches 	Low	<ol style="list-style-type: none"> 1. 2.
Facilities	Moderate	Unlikely	Medium	<ol style="list-style-type: none"> 1. Club storage facilities are to be cleaned regularly, clearly identifying “touch points” and ensuring they are sanitised. 2. Signage should be clearly displayed encouraging attendees to comply with government guidelines 3. Facilities, if not provided by Grampound FC, must clearly display their own Risk Assessment and COVID Protocol 4. Indoor facilities such as meeting rooms and kitchens are to be avoided. 5. Facility providers shall be familiar with the FA’s guidance for “<i>Providers of Outdoor Football Facilities, including Clubs</i>” 6. The club shall nominate a “COVID Officer” to enforce Club and FA policy at home matches. The nominated person is club chairman, Allan Webb. 7. The Covid Officer is to give a safety briefing to all attendees at home matches. 	Low	<ol style="list-style-type: none"> 1. 2. 3. 4. 5. 6. 7.
Use of Changing Facilities	Moderate	Possible	Medium	<ol style="list-style-type: none"> 1. Players should check in using the displayed NHS QR code. 2. Changing rooms and showers for home matches will not be available for the time being except in emergency. 3. Players should arrive changed into their kit and will be required to shower at home and to wash their own kit. 4. Access should be provided for toilets, ensuring that washing facilities, paper towels and hand sanitiser are readily available. At home matches, the public toilet may be used and contains washing facilities and hand sanitiser. 5. Changing Facilities and showers should be avoided. 6. A register must be kept for track-and trace of all persons attending. 	Low	<ol style="list-style-type: none"> 1. 2. 3. 4. 5. 6.

Hazard	Risk factor			Actions to mitigate risk	Residual Risk (after mitigation)	Notes and Monitoring
	Severity	Likelihood	Risk			
Procedures to be followed during the match	Moderate	Possible	Medium	<ol style="list-style-type: none"> 1. Prior to the commencement of the football match all footballs which may be used should be sanitised. 2. A fresh, sanitised football should be used at regular intervals. 3. The handling of the balls should be kept to an absolute minimum 4. Team officials and Substitutes shall not use dugouts. Each team shall be allocated one side of the pitch where social distancing must be maintained. 5. Spectators are currently not allowed at matches and training. 6. Spitting is prohibited. 7. Chewing gum is prohibited. 8. Team Talks and water breaks should be taken separately between teams and social distancing measures incorporated 9. Goal celebrations are to be avoided 10. Equipment shall not be shared, this includes the use of water bottles 11. At home matches, each team will be provided with hand sanitiser near its station. 12. Goalposts and corner flag posts should be sanitised at half-time during matches. 	Low	<ol style="list-style-type: none"> 1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12.
First-aid during matches and training	Moderate	Possible	Medium	<ol style="list-style-type: none"> 1. Grampond FC is a Charter Standard Club and will always have a qualified first-aider at all matches and training sessions. 2. Club first aiders should familiarise themselves with the FA's "<i>First Aid Guidance for Returning to Outdoor Competitive Grassroots Football</i>" and should apply this guidance. 3. Serious injuries should result in calling the emergency services as has always been the case. 	Low	<ol style="list-style-type: none"> 1. 2. 3.

Hazard	Risk factor			Actions to mitigate risk	Residual Risk (after mitigation)	Notes and Monitoring
	Severity	Likelihood	Risk			
Procedures to be followed after the Match	Low	Possible	Low	<ol style="list-style-type: none"> 1. Club and personal equipment is to be sanitised and disinfected prior to returning to storage. 2. All facilities' door handles, used surfaces and other touch points are to be sanitised and disinfected. 3. There can be no post-match hospitality. 4. A verbal report is to be made by the COVID Officer after the Match to document the performance, strengths, weaknesses and possible improvements to be made to Club Policy and this Risk Assessment. 5. A follow up call is to be made by the Grampound FC Secretary to the Opposition Team's Secretary two weeks after the fixture to ensure no new COVID cases have emerged in their team 6. The COVID Officer is to maintain communication with all Players and Team Officials of Grampound FC following the fixture to ensure that no new symptoms have emerged. 7. If Symptoms have emerged with a player, the COVID Officer is to direct his/her concerns to the Club Committee who will alert the Sanctioning Authority, the respective League and all those that have attended within the allocated time frame. The NHS (via the Track and Trace) system are also to be notified. 	Low	<ol style="list-style-type: none"> 1. 2. 3. 4. 5. 6. 7.

<p>Signed</p> <p>Allan Webb, Chairman and COVID Officer, Grampound FC</p>	<p>Dated : 28th March 2021 Reviewed : 30th August 2020 1st October 2020 4th January 2021</p> <p>Revisions may be made in the light of experience prior to the next formal review of this document on 12th April 2021, following the government review of the Government Roadmap out of lockdown.</p>